

In and Around the CDC

Community Development Center

Reaching Out To Serve

www.cdctn.org

113 Eaglette Way, Shelbyville, TN 37160

Spring 2017

Here We Grow Again !

Senior Equipment Loan Program

The Community Foundation of Middle Tennessee has announced grants to 121 Tennessee organizations, including the Community Development Center (CDC) as part of a one time program called *Serving Tennessee's Seniors*. The CDC will use its' grant to provide an equipment loan program for seniors with medical needs. The durable medical equipment being purchased includes, but is not limited to, travel scooters, wheelchairs, a variety of walkers, raised toilet seats, shower and lift chairs, and more. The equipment loan program is available in our Family Support area of Bedford, Marshall, Lincoln, Coffee, Franklin, and Moore counties. We will be working with various Senior Centers and other agencies in order to connect the people in need with the proper equipment.

Independent Living In Tennessee

Individuals with disabilities living in rural areas often face more barriers than their urban counterparts in living an inclusive and equal life. Independent Living (IL) Specialists are trained to assist people to navigate the many barriers to such areas as housing, transportation, and employment. Until now, there were nearly 300,000 Tennesseans living in rural areas who had no access to IL providers. The Community Development Center, Empower Tennessee, and the Statewide Independent Living Council is seeking to change that with a grant from the Tennessee Disability Coalition. IL services will soon be provided in Lincoln, Franklin, Bedford, Marshall, Moore, and Coffee counties. Hopefully, this is just the beginning to expanding services in rural areas across the state. The Independent Living philosophy identifies the focus as one of social barriers and not the impairment itself. Independent Living Specialists seek to empower people with disabilities through skills building to exert choice, control, and influence over all aspects of their lives.

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Community Development Center's Mission Statement

Providing supports and services to children, families and individuals with disabilities while addressing the health and well-being of all persons in the communities in which we serve.

Family Support Helps With the Trip of A Lifetime!

What is better than a few days in Hawaii? According to Family Support recipient Ashely Jones, it is now her favorite place to be! She experienced the trip of a lifetime with her high school band.

Ashley is a freshman at Tullahoma High School where, following in her sister's footsteps, she became a member of the marching band. "She said from day one, when we began talking about her going to high school, that she was going to be in 'her band'," says Leah Jones, Ashley's mom. The school was very positive about Ashley's wishes. "The band director has been wonderful," says Leah. Ashley plays the cow bell and is in charge of retrieving the drum major's hat when he tosses it as part of their performance. When the opportunity came up for the band to make the trip to Hawaii to perform in the Pearl Harbor Memorial Parade, there was no question as to whether Ashley would go. "It was a wonderful experience for the band and the families," says Leah. This trip meant so many new things for Ashley, including flying. When asked about the flight, Ashley says she was a little nervous and that the flight was "very long," but she wasn't scared.

Her favorite part of the trip was the beach, says Ashley, which is probably the same answer you would get from most of the 100 other students from her band.



Happy Anniversary

CDC appreciates your dedication:

Kathy Chapman	20 years
Amanda McCall	11 years
Heather Brown	10 years
Jim Singleton	10 years
Sheri Vaughn	7 years
Britney McConnell	5 years
Cindy Hatchett	5 years
Holly Shadix	3 years

Family Support's 3rd Annual Yard Sale

Saturday, April 22, 7:00 am — 4:00 pm

International House of Prayer Ministries

865 Union Street, Shelbyville

Monies raised will be used to administer the

Family Support Program

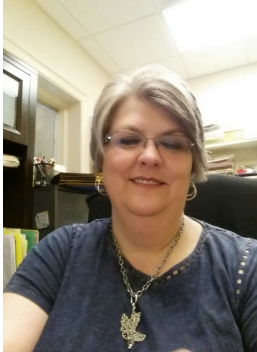
and to help those on the waiting list.

Baby items, children's toys (big & small), household items, office equipment, kitchenware, Christmas decorations, books, lots of clothes, and much, much more!

The Community Development Center Welcomes



The Community Development Center welcomes **Tori Bowman** (top left) to the position of Home and Community Based Early Interventionist. Tori will be serving primarily in Bedford and Lincoln Counties. She loves spending time with family, playing board games, going to concerts with her sister, and relaxing in her hammock with a good book.



The Community Development Center welcomes **Vonda Berry**, (bottom left) to the position of Administrative Assistant to the Early Childhood Director and Executive Director. She will be assisting with the new Senior Equipment Loan program and several Early Intervention fundraisers. Vonda loves spending time with family, reading, and she recently made the cake for her daughter's March wedding.

HAPPY BIRTHDAY

Mickey Moffitt May 4

Vonda Berry May 9

Fara Mullins June 11

Renee Reed June 27



Children's Center for Autism Celebrates One Year of Service!

CCA is excited to report on the amazing success of their Open House and Spirit Week during CCA's one year anniversary celebration. CCA's Open house, which was held on February 17th, was a definite success. The center was busy with tours and guests from opening to closing. We hosted Representatives, Mayors, and other community officials as they joined us in the celebration. Everyone was so impressed with what CCA has been able to accomplish in our first year.

Spirit Week, was held the week of February 13th through the 17th. It was during this week that CCA had the opportunity to share the joys of each child's progress with their family members by sharing each child's first day video and their most recent video. This allowed the Center to tangibly show the difference that Applied Behavioral Analysis therapy has made in reaching each child's full potential. There were many tears of joy and amazing comments including, "We don't know where we would be if it wasn't for the staff at CCA." Families had the opportunity to use the temporary photo booth to take pictures. Many families reported that they don't get the opportunity to take family photos and appreciated having that opportunity during Spirit Week.

Clinical Coordinator Rachel Rudolf and Taylor Sullivan, Registered Behavior Technician, celebrating *Pajama Day* during Spirit Week with one of the CCA children.



Representative Rick Tillis with Early Childhood Director Teresa Winnette at the CCA Open House.

Super Hero Day at CCA during Spirit Week.



Special Olympics Basketball



James Webb

On February 10th, Area 13 had its annual Special Olympics Basketball competition at Motlow State College in Lynchburg. Several area teams competed including Skills Tullahoma, Skills Shelbyville, New Life from Winchester, and Coffee County Independents. Everyone did their best and displayed true sportsmanship. Those who didn't play cheered on their favorite team from the stands. Skills Tullahoma won the event and will go on to the next qualifying round. Congratulations to the Tullahoma team!



Jennifer Stewart



David Hicks



Shown are Jason Hurt ,
Alice Miles
and Randy Ray



Eddy Driver with the Tullahoma Team

Save the Dates of May 25—26!



Nashville Airport Marriott® Phone: 1-615-889-9300

Fragrance-Free Conference/Smoke-Free Facility

For Registration Questions Call 800-835-7077 Ext 22



Fragrance Free Zone

Waste Management Helping Hands Golf Tournament



The Marshall County Child Development Center (MEI) and the Children's Center for Autism (CCA) will hold the annual Waste Management Helping Hands Golf Tournament on May 11, at the Saddle Creek Golf Course in Lewisburg. Lunch is at 11:30 with a Silent Auction from 11:00 to 6:00. The reception and awards ceremony will begin at 5:00 pm. This event supports services to children and families in both programs. If you enjoy golf and helping children to succeed, then register your team now! Do you want to be involved, but don't play golf? Please call MEI at 931-359-1197 to learn more about sponsorship opportunities.

Buffalo Wild Wings Event !



Love chicken wings? Please plan to join us for lunch and/or dinner at Buffalo Wild Wings, 1705 North Jackson, Tullahoma, on **Thursday, May 25!** Buffalo Wild Wings will donate 10% of your food purchase to the Child Development Center in support of Early Intervention services provided in the Coffee County area. How does it work? Patrons can pick up a ticket at the door. Give this ticket to your server when you order and 10% of the food bill will be donated to the Child Development Center to benefit Coffee County.

Giles County Child Development Center Had A Wonderful Fundraiser



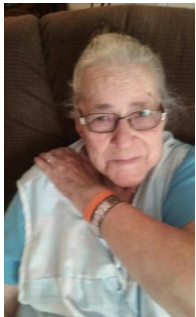
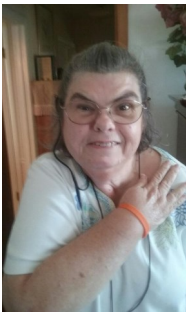
On March 4th, Savory Jack's on the square in Pulaski hosted a spaghetti lunch fundraiser for the Giles County Child Development Center. Many individuals and families enjoyed delicious spaghetti in a warm and inviting environment.

A big *Thank You* to Jack White for again hosting this event!



Working In Winchester

Meet Kay, an individual supported through the Community Development Center's Independent Support Coordination (ISC) program. Shelly Gray, an ISC in the Shelbyville office, had the opportunity to visit with Kay at her job at Hardees in Winchester. Kay talked about how much she likes her job and is even happier with the extra money she earns for shopping trips and vacations. According to Martha, Kay's manager, Kay has done such a great job that her work hours have been increased. Kay would like to invite everyone visiting Winchester to stop by Hardees for a meal and to say hello. Thanks to Hardees for opening the door to a great worker who only needed the right job to shine and a hearty thanks also to a great manager who recognized Kay's ability!



“ #It's My Life ”

Individuals with disabilities can be powerful self-advocates and are encouraged to speak up on how they want to live their lives. With the "#It's My Life" wristband campaign, DIDD and Community Development Center's Independent Support Coordination (ISC) program are urging persons supported to express their desires and goals. If a person attends a People Planning Together class or speaks up during his or her annual Individual Service Plan (ISP) meeting, they will receive an orange wristband. Many of the individuals served have proudly displayed their wristbands.

People Planning Together has been a very successful self-advocacy initiative. First launched by the Tennessee Council on Developmental Disabilities in 2011, this program developed a corps group of trainers from those who received disability support services, to teach advocacy skills to other individuals who receive similar services. The training helps individuals with disabilities become more active in developing and implementing their Individual Service Plans (ISP). Buffalo River Services in South Central Tennessee and the Department of Intellectual and Developmental Disabilities partnered with the Tennessee Council on Developmental Disabilities in this initiative. Six individuals with intellectual disabilities are currently working as certified trainers and are paid to conduct sessions about self-advocacy and self-determination in ISP meetings. Find out more about this advocacy program on the tn.gov website. Self-Advocates, having now learned how to speak up for themselves, can then assist others to do the same.

CDC Goes Red for Heart Health Month



When Governor Haslam instituted the healthy workplace program through the *Site Champion* initiative, Community Development Center supported his mission of creating a culture of wellness, education, and accountability. During February, designated Heart Healthy month, the CDC distributed articles related to maintaining a healthy heart, challenged staff with a healthy heart Bingo game, and embraced “Go Red” day on Friday, February 3rd. “Go Red” day is the first Friday in February as designated by the American Heart Association. Many of the CDC staff wore red to bring awareness to heart disease which affects one in every four women. Often called The Silent Killer, heart disease often remains undiagnosed or ignored in women.

Join the CDC on May 3rd for The Big Payback !

On May 3rd, the Community Development Center will again be taking part in *The Big Payback*, one of Middle Tennessee’s largest giving events of the year. This event is sponsored by The Community Foundation of Middle Tennessee. The public can choose to donate any amount over \$10 and designate those funds to any participating charity or charities. The Community Development Center relies on community support to continue assisting the hundreds of individuals and families that we serve each year. We are currently accepting *giving partners* who will match funds donated during specific hours. If you would like to partner with the CDC that we may continue our mission, contact us at 931-684-8681.



#PROUDTOBENONPROFIT



<https://www.facebook.com/CommunityDevelopmentCenter>

Community Rewards Program



<http://www.cdctn.org>

GIVINGMATTERS.COM
an initiative of The Community Foundation of Middle Tennessee

<http://givingmatters.guidestar.org>



<https://smile.amazon.com/>

