



The VoISCe of CDC

Independent Support Coordination

Issue #5



~~ The Escape to a Holiday Team Building ~~



The ISC program visited the Escape Game in Nashville for our annual holiday get together. ISC program staff broke up into 3 groups and each was assigned a specially designed room. Escaping from their room required teamwork, patience and group fortitude as teams were led from clue to clue within the 60 minute time limit to achieve their goal- to successfully make it out! Only 1 group made it in the 60 minutes, escaping from the Classified Room by figuring out when a terrorist attack was imminent, but everyone had a great time. Following this great escape adventure, everyone gathered at Rafferty's for a well- deserved lunch and time to visit.

~~~~~  
Staff from The Columbia and Shelbyville ISC Offices  
~~~~~



~~~~~  
The winning group from  
The Classified Room (L-R)  
~~~~~

Holly, Glenda, Kristin,
Heather, Rhonda, and
Amanda
~~~~~



## WINTER 2015



### Into the Community

Gail Dodson has lived at home with her mom her whole life. Recently Gail had the opportunity to move out of her mother's house and into her own home where she is doing great. The COS thought it would be a really difficult move for Gail however; she has done exceptionally well! Gail is really enjoying being in her new community and having a housemate to share interests with.

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### INDEPENDENT SUPPORT COORDINATION

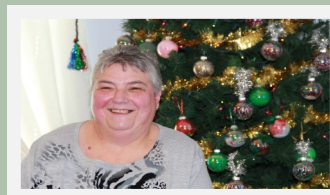
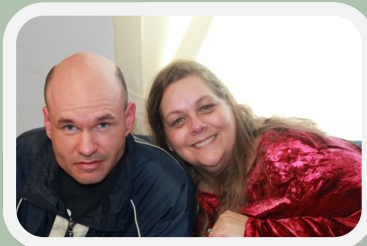
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## ISC Offices hold Annual Open House.



The Columbia and Shelbyville offices held their 2nd Annual Christmas Open House on Wednesday and Thursday December 2nd and 3rd. This was a chance for everyone to come by and visit with their ISC's and enjoy snacks. For gifts this year the Columbia office ISC's made each person on their caseload a special hand crafted ornament and allowed them to pick any one they wanted off the tree and have their pictures made.

We had a spectacular turnout of people and everyone laughed, talked, sang and had a great time. We are very excited to do it all again next year.

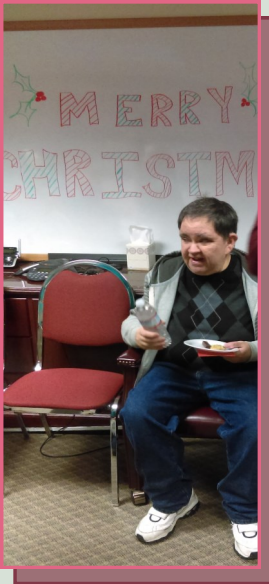
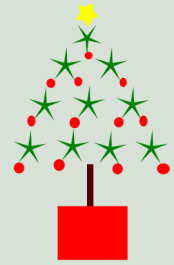






# SHELBYVILLE OPEN HOUSE

2015



Chip Martin



Lillie Nord



Alice Miles



Don Freeman



Thanks to everyone who came to Shelbyville's 2015 Christmas Open House. We hope that everyone had a great time and we look forward to celebrating with everyone again next year!!



Jason Cox



## New Beginnings

This is Stephanie Hartman, she just moved to Columbia from Hohenwald and is excited to learn about her new community. Stephanie has a giving heart and her vision is to be a nurse as she wants to “help others”. Her first step in moving towards her vision is to find opportunities to volunteer in her community. Good luck in this exciting new chapter in your life Stephanie!!

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## GETTING TO KNOW

### CHARLIE BINGHAM



Favorite Past time: Watching TV and just relaxing in his room.

Favorite TV programs: Dukes of Hazzard, Lone Ranger, and Westerns with John Wayne.

Favorite Foods: Charlie enjoys eating, and states some of his favorite foods as being chicken, hamburgers, chili, green beans and chocolate desserts. Having his cokes and coffee is important too.

Favorite things I like to do: Relaxing at home, watching TV, and napping when he chooses.

Favorite Outings: Going bowling, out to eat, and shopping at Wal- Mart.

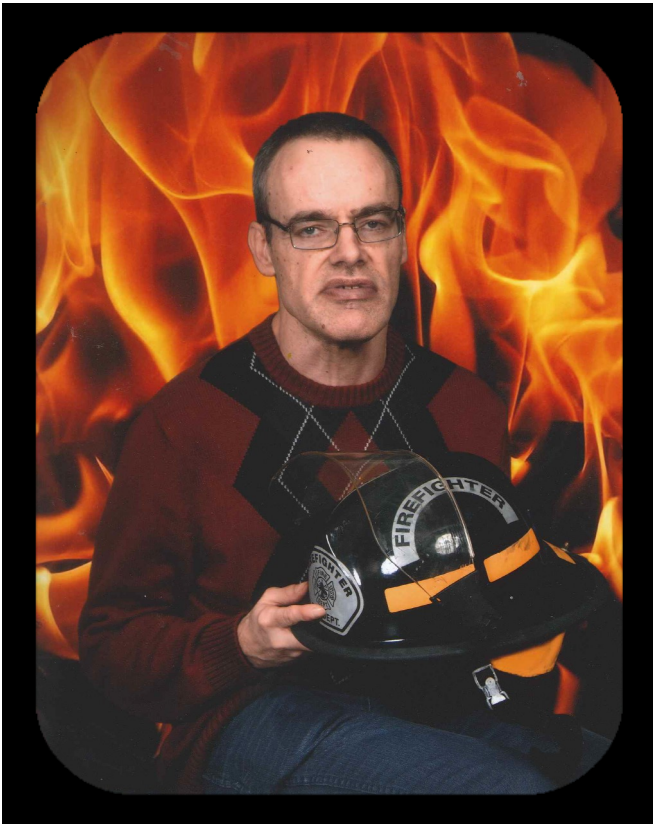


Birthday: March 24th



Quote from Shelbyville ISC Glenda Griffin: “Charlie is a friendly person who likes spending time with friends, but also enjoys the peace and quiet of his favorite place- his room. “





*Rest In Peace*

*~~Ricky Mosley~~*

Ricky Mosley passed away December 16th, with members of Skills Developmental Services by his side. Ricky will be fondly remembered as always having a newspaper with him. He was quiet, but was ready to give you a handshake when he saw you. Ricky had many friends at Skills, where he lived for over 30 years. He will be missed by all who knew him.



**Rest**

**In**

**Peace**



**Daniel “Danny” Steele**

Daniel “Danny” Steele, 63, of Winchester, TN, passed away on November 2nd, 2015 after an extended illness. Danny will be greatly missed by all who knew him, and remembered fondly for his joyful smile and playful personality. Danny enjoyed spending time taking rides in the country with his long-time house mate, listening to music, and relaxing outside in his gazebo. He was known to always be “in—style” with his shoes and many different hats. Danny has left behind his many friends who loved him dearly, and he will forever be in our hearts.



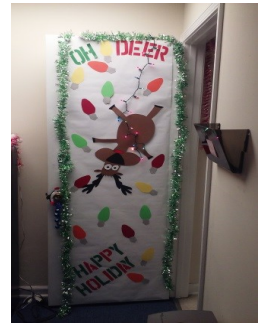


## ISC DOOR DECORATING CONTEST

Every year the ISC's compete against each other for the Annual Decorate Your Door Contest. This year we only had 4 competitors total from each office. The winner wins bragging rights and a gift bag for all their creative hard work and festive spirits!!



Holly Shadix:  
"OH DEER"



Jennifer Williams:  
"BABY I'TS COLD OUTSIDE"



## ***ISC of Shelbyville's Advisory Board***



# 2015

The Shelbyville office held its annual advisory board meeting on October 23, 2015 at the Bedford County Agriculture Center. The theme this year was "Dental Health and Halloween" and included an informative and entertaining discussion on the importance of dental health led by local dentist Dr. Marvin Koonce. Everyone enjoyed a variety of soups, chili, and cookies for lunch along with making Halloween themed door hangers, playing BINGO and door prize drawings. A good time was had by all and we are looking forward to next year's meeting!



ISC Supervisor:  
Heather Williams  
and Dr. Koonce



Dr. Marvin Koonce



Advisory Board Members



Program Manager:  
Kathleen Chapman  
helping Bill Gregory



ISC Glenda Griffin  
helping out!!!!