

# Developmental News To You



March 2021 Newsletter



Welcome to our very first newsletter. We are hoping to be able to share a lot of useful information each month with our families.

Reminder: March 14th



**Your EI provider's role** is to help you teach your child. We will listen to your concerns and priorities, along with sharing information and suggestions about strategies to help your child learn. Together we will help choose routines and activities that are meaningful to your family and occur frequently to give your child opportunities to practice, and that are comfortable for you and your family.

**Your role as the family** is to help your child grow and develop by using planned strategies within everyday activities and routines that you choose and are already doing. Embedded intervention means you intentionally support your child's learning while doing what you always do with your

## Speech and Communication Development:

You can encourage toddler talking skills with everyday play ideas – listening to your child, chatting together, singing and telling stories.

More information can be found here: <https://babynavigator.com/16-gestures-by-16-months/>

By **birthday number two**, your toddler will probably enjoy naming everyday things, like 'doggie' and 'drink'. She'll also be able to understand and follow a simple request, like 'Bring me your book' or 'Wave bye-bye'.

By the **age of three**, your child will probably move on to simple sentences, like 'Where doggie go?' By now strangers will probably be able to understand most of what your child says, even though he'll still struggle to express some words clearly.

## Using words during - Daily Routines

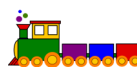
Please click on following topic to watch short video!

**Meal times:** Give choices between food items, drinks and even dishes. You can ask if want a blue bowl or a red bowl; the Paw Patrol cup or Trolls cup. You can even talk about hot and cold there are endless possibilities at meal times.



**Bath times:** While getting bath ready you can have child choose which towel they want or wash cloth. Have play toys in the tub and talk about toys, make sounds to encourage play. This is a great time to learn about body parts as well, whether identifying or naming them.

**Bed Time:** Give choices of what to wear to bed or maybe pick a stuffed animal to sleep with. Let your child pick out a story. Encourage them to point and name pictures in the book, while you read,



**Play times:** You may be surprised that kids learn to play by watching you. Sitting in the floor and actively playing with them will encourage them to play. Make sounds of the cars, trucks, horns and sirens.



Include things like "the car going fast, beep-beep." When stopping make screeching tire sounds or crashing sounds. Or if playing with animals, make the sounds and have them walk, run, jump over items, using words to describe what is taking place.



## Resources:

<https://babynavigator.com/16-gestures-by-16-months/>

<https://teachmetotalk.com/category/podcast/>

<http://fgrbi.com/resources-for-families/>