



October 2023 Newsletter

In this newsletter, you will find some helpful tips on how to incorporate play throughout the day with songs and other activities for the season, along with teaching simple signs.



## Fall sensory box

Sensory Bins provide little ones with the opportunities to explore and learn through hands-on tactile play that engages their senses. Just remember not to add choking items. If you do add small items, please interact with your child so that you can watch them. When not playing, make sure to put on lid and place where they can't access it.

[Six developmental Benefits](#)

## What to do with that Pumpkin:

It's that time of year where many families like to decorate pumpkins. Even if you don't celebrate Halloween, there is nothing wrong with getting a pumpkin, scooping out the inside, and just exploring with it. For those that do like to celebrate, you can finger paint outside or let kids draw on it, then cut out funny faces. Either way, you can do so much with a pumpkin. Check out links below.

[Fall tactile sensory activities](#)

[Other fun fall activities](#)



[Busy Toddler-50+ awesome fall activities](#)

October is **Fire Safety** Month



Fire Safety is a serious topic and your family should always plan ahead, just in case. Make sure your family has an escape plan and keep it simple as possible. Don't forget if anyone in the family does happen to be on fire, remember to stop, drop and roll. Remember if a blanket or any clothes are burned leave on until a medical provider arrives to remove it. More can be found on link above or **First Alert!**

## Songs and Finger Plays:

You can sing any time during the day. You can set a special time during the day, or sing during bath time, while playing outside, or even in the car. Little ones love hearing repetitive sounds and love to watch you do the hand motions. So even if they are not able to sing along right now, they can do motions with you or you can even do hand over hand with them. Here are a few fun fall/autumn songs.

[Autumn Leaves are Falling](#)

[Five little Pumpkins](#)

[Ten Little Leaves](#)

### Halloween Safety Checklist

*Review these rules to keep ghouls and boys safe!*

1. Stay on the sidewalk.
2. Don't eat any candy before it is inspected by adults.
3. Don't eat any unwrapped candies.
4. Stay with your group.
5. Wear a reflecting item on your clothing so cars can see you.
6. Observe the trick or treating hours.
7. Have a hauntingly good time!



Slime Smoothie:

- 1 large banana
- 2 kiwi-peeled
- 1/2 cup crushed ice
- 3 tablespoons of apple cider or juice
- green food coloring

Directions: Place all in blender and blend till smooth. Add extra food coloring until the desire color of green. Enjoy!



### Apple Pumpkin Baby Cookies:

Click link for direction

- 1/4 cup apple sauce
- 3/4 cup pumpkin puree (canned or fresh)
- 1 cup oatmeal
- 1/4 cup milk/almond milk/prepared formula



Events:

Thursday at 10: Toddler Time  
Lawrenceburg Library

Oct. 21st-22nd [Webb Craft Fair](#),  
Bell Buckle

Eagleville Area: [Lucky Ladd Farms: Pumpkin Patch](#)

Franklin Co. [Granddaddy Farms](#)

Columbia Area: [Pumpkin Paradise](#)

Lincoln Co. Area: [Lyon Family](#)

## Resources:

<https://babynavigator.com/16-gestures-by-16-months/>

<https://teachmetotalk.com/category/podcast/>

<http://fgrbi.com/resources-for-families/>

<https://cdctn.org/early-intervention>

